

# Lunch Menu

# Blind Brook Ridge Elementary

January 2024

WHITSONS CULINARY GROUP | FAMILY OF COMPANIES  
WWW.WHITSONS.COM

## Monday

1



## Tuesday

2 Cheeseburger  
burger topped with cheese  
on a freshly toasted bun  
With Buttered Corn  
And Oven Baked Fries  
And Organic Applesauce



## Wednesday

3 Chicken Nuggets  
crispy breaded chicken  
nuggets perfect for dipping  
in your favorite sauce  
With Yellow Rice  
And Carrot Sticks  
With Lite Ranch Dressing  
And Fresh Pear

## Thursday

4 Meatball Hero  
freshly baked meatballs  
mixed in a rich tomato  
sauce inside a soft roll  
topped with melted  
mozzarella  
With Sauteed Zucchini  
And Fresh Melon Cup

## Friday

5 Classic Cheese Pizza  
whole grain pizza crust  
topped with rich tomato  
sauce and melted  
mozzarella cheese  
With Garden Salad  
And Pineapple

8 Cheesy Stuffed Bread Sticks  
baked bread sticks filled  
with melted cheese  
With Tomato Sauce Dip  
And Steamed Broccoli  
And Fresh Orange

9 Crispy Tacos  
homemade spicy taco meat  
inside a crispy taco shell  
topped with cheese  
Mild Salsa  
Sour Cream  
With Fiesta Corn  
And Diced Peaches

10 Fish and Chips  
With Oven Baked Fries  
crispy fries baked to  
perfection  
And Fresh Melon  
And Sauteed Zucchini



11 Beef Hot Dog on Bun  
juicy beef hot dog on a soft  
bun  
With Homemade Deli  
Style Coleslaw  
And Baked Beans  
And Fresh Banana

12 Classic Cheese Pizza  
whole grain pizza crust  
topped with rich tomato  
sauce and melted  
mozzarella cheese  
With Garden Salad  
And Fresh Grapes

15



MARTIN LUTHER KING JR. DAY

16 Nachos Grande  
tortilla chips topped with  
freshly prepared mexi style  
meat and cheese  
With Sauteed Corn &  
Black Bean Salsa  
And Fresh Fruit Cup

17 Homemade Baked Pasta with Cheese  
Homemade Garlic Bread  
With Side Garden Salad  
And Fresh Red Delicious Apple



18 Baked Chicken Tenders  
crispy chicken tenders  
perfect for dipping in your  
favorite sauce  
With Oven Baked Fries  
And Sauteed Zucchini  
And Fresh Orange

19 Classic Cheese Pizza  
whole grain pizza crust  
topped with rich tomato  
sauce and melted  
mozzarella cheese  
With Garden Salad  
And Berry Cup  
Mixed blueberries and  
strawberries

22 Homemade Mac & Cheese  
pasta in cheese sauce,  
garnished with parsley  
With Steamed Broccoli  
And Fresh Red Delicious Apple

23 Mozzarella Sticks  
crispy mozzarella sticks  
filled with gooey cheese,  
perfect for dipping into your  
favorite sauce  
With Tomato Sauce Dip  
And Side Garden Salad

24 Crispy Chicken Sandwich  
warm crispy breaded  
chicken on a bun prepared  
in-house  
With Sweet Potato Fries  
And Fresh Melon Cup  
And Garden Salad

25 Cinnamon French Toast  
slices of French toast baked  
to perfection  
With Syrup  
And Crispy Turkey Sausage Links  
And Pineapple  
And Grape Tomatoes

26 Classic Cheese Pizza  
whole grain pizza crust  
topped with rich tomato  
sauce and melted  
mozzarella cheese  
With Garden Salad  
And Fresh Banana

29 Two Cheese Grilled Cheese  
golden toasted bread with  
gooey melted American and  
mozzarella cheese prepared  
in-house  
With Steamed Broccoli  
And Sliced Oranges

30 Chicken Nuggets  
crispy breaded chicken  
nuggets perfect for dipping  
in your favorite sauce  
With Oven Baked Fries  
And Steamed Carrots  
Dinner Rolls

31 Homemade Pasta & Meatballs  
freshly baked meatballs with  
tomato sauce over pasta  
With Homemade Garlic Bread  
And Spinach Salad  
And Fresh Melon Cup

IT'S BRUNCH FOR LUNCH TIME



Whitsons is Simply Rooted® in food and family, and our menus are nutritious and flavorful. View this menu on the mobile app, FDMealPlanner, or on the web at [www.FDMealPlanner.com](http://www.FDMealPlanner.com).

\*Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions.

\*\*Menu is subject to change, notice posted when available.

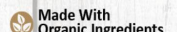
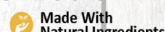
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STUDENT LUNCH PRICE  
4.75

ADULT PRICE  
6.80 + tax

PRE PAY ONLINE  
MY SCHOOL BUCKS



OFFERED DAILY

LUNCH INCLUDES: MAIN ENTREE, FRUIT, VEGGIES, MILK, JUICE OR 8oz WATER.

YOGURT MEAL: FRUIT & YOGURT, GRAHAM CRACKER, CHEESE STICK.

BAGEL LUNCH: BAGEL, CHEESE STICKS, FRUIT & VEGGIES.

SALAD MEAL: GARDEN SALAD, CHEESE STICKS, FRUIT

SANDWICH MEALS:

CHEESE, TURKEY & CHEESE, HAM & CHEESE,